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**For Immediate Release**

## **Horses and Healing and Art, A Free Equine Therapy Clinic for Veterans**

Marysville, Calif., May 6, 2025 – Following last year's very successful event, Yuba Sutter Arts & Culture is again offering a unique opportunity for local veterans to experience the joys and benefits of a hands-on program at the Horses and Healing Therapeutic Riding Center in Lincoln. The free half-day clinic is being held on May 17<sup>th</sup> from 10 am -2:30 pm. Participants will be guided through a series of activities designed to connect with the healing power of these magnificent animals. There will also be a supplemental art project as part of the day's activities.

Registered participants will meet at 624 E Street in Marysville at 8:30 am for check-in and a 9:00 am departure. Transportation will be by carpool or caravanning for those wanting to drive themselves. For anyone who prefers to meet at the Center, the address is 7801 Lakeview Lane, Lincoln, CA 95648. Lunch will be included. Advance registration is required and payment of a \$20 fee to hold the spot. The fee will be reimbursed in cash on the day of the event.

Equine therapy programs for military veterans, often referred to as equine-assisted therapy or equine-assisted activities and therapies, offer a range of physical, emotional, and psychological benefits. These programs use interaction with horses to help veterans cope with various challenges, including physical injuries, post-traumatic stress disorder, and the transition to civilian life. Equine therapy is unique in its ability to address physical, emotional, and social challenges simultaneously. For veterans, the connection with a horse often becomes a powerful symbol of trust, healing, and resilience, enabling them to rebuild their lives with a sense of purpose and peace.

This is Yuba Sutter Arts & Culture's third year of free, outdoor programs geared toward getting the community outside to enjoy guided adventures of various kinds. It has all been made possible thanks to an Outdoor Equity Program Grant that it received from the California State Parks & Recreation Department. Why is access to the outdoors important? Nature is a public good that's crucial for everyone's health and well-being. Veterans, please register for this program at [yubasutterarts.org](http://yubasutterarts.org). Contact program coordinator, Anna Newman, with any questions (956) 525-2031.

**About YSA:** Yuba Sutter Arts is a non-profit organization whose mission is to provide arts programming, education, advocacy, assistance and service to artists, organizations and residents of Yuba and Sutter Counties. The local affiliate for Yuba and Sutter of the California Arts Council, its programs include Arts in Education, Veterans Initiatives in the Arts, Arts in Corrections, Very Special Arts Festival, Convergence Theater Company, Center Stage Productions, the Yuba Sutter Big Band, the Yuba Sutter Youth Choir, and many more.

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